

ICPEsk 2015 - 5<sup>th</sup> International Congress of Physical Education, Sports and Kinetotherapy

## Message from the Guest Editors

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The International Congress of Physical Education, Sports and Kinetotherapy (ICPEsk) is an interdisciplinary scientific event organized annually by the National University of Physical Education and Sports, Bucharest.

We would like to thank *Future Academy* for the opportunity to publish this peer-reviewed volume of ICPEsk, 10-13 June 2015, in *EpSBS European Proceedings of Social & Behavioural Sciences*. The volume contains papers submitted in the 5<sup>th</sup> edition, *Education and Sports Science in 21<sup>st</sup> Century*.

The main objective of the congress was to concentrate academic debates on the current key-trends in sports performance, physical education, health and sports recovery, but also in sports management and marketing. ICPEsk allows researchers from different disciplines to meet and discuss on topics of common interest.

Since the first edition until now, the events organized within the ICPEsk have been increasingly numerous. With each of its editions, ICPEsk aims to establish relationships between specialists working in fields related to sports science and physical education, such as: sociology, psychology, history, management, sports counselling, sports laws, etc.

Participants in ICPEK 2015 had the opportunity to present their papers in the congress sections, namely: *History, Philosophy, Anthropology, Psychology, Sociology, Sports and Sports Performance, Physical Education and Professional Training, Health and Kinetotherapy, Management and Marketing in Physical Education, Sports and Kinetotherapy, Varia*. Also, ICPEK 2015 provided bachelor students and master students the opportunity to participate in the congress within a section purposely organized for them. There were submitted more than 170 papers, but following a rigorous scientific assessment process, only 71 papers were selected to be published in this volume.

The 71 papers are written by authors from Romania and several foreign countries, namely the United States, Qatar, Greece, Poland, Ukraine, Albania, Latvia, Tunis, France, Czech Republic, Israel and Republic of Moldova. All papers included in this volume cover challenging topics, of large interest for the specialists in the field, encompassing many current trends in academic research.

Both the Scientific Committee and the Board of Reviewers of ICPEK make constant efforts to ensure continuity in the congress organization and confer it a high academic standard, so that ICPEK enjoys a remarkable success.

We are looking forward to seeing you at the next editions of ICPEK.

*The Editors*

May 2015